

## Elective Descriptions

Elective	Detailed Description
Advanced Band	In Advanced Band, students will further their musical skills and talents by exploring more complex aspects of their instruments, and will use learned information to play various musical songs and numbers with accuracy.
The Artistry of Dr. Seuss	This elective focuses on exploration of various literary elements through a study of the works of Dr. Seuss. In studying Dr. Seuss, students gain meaningful insight into the style and art of Seuss to convey his messages.
Battle of the Books	In this elective, students will further develop comprehension skills, as well as sportsmanship, through participation in the Archdiocesan Battle of the Books contest. Within the course, students will study various methods for memorizing and recalling read information.
Book Club	In this elective, students will have the opportunity to read, explore, and discuss literary novels with their peers. Books studied will include both classical pieces, as well as works of modern fiction and non-fiction.
Calligraphy	This elective explores the art of calligraphy. Students will develop an understanding of the origins of calligraphy, and will explore the process of creating art through this medium.
Choreography	In this elective, students will explore the art of choreography by creating and electronically presenting dances peers will utilize during the annual Middle School dinner theater.
Collage	In this elective, students will explore the concept of self-expression through collage. Students will learn various methods for creating meaningful, expressive works of art through collage.
Communication Strategies	This elective focuses on developing and applying strategies for effective communication in formal and informal situations. Learned strategies will be utilized during the annual Middle School oratorical contest.
Computer Coding	Computer coding focuses on the development of proficiency in website and technological hardware programming. Students will develop proficiency in creating websites, enhancing computer programs, and improving understanding of the Internet and its role as an asset to our society.
Crafts	This is a study of the art of crafting. Students will learn to create useful and meaningful crafts using a variety of mediums.
Crochet	This is an exploration of the process of crochet. Students will become familiar with techniques associated with crochet, and will use these learned strategies to create crocheted pieces.
Fantasy Football	In this elective, students will explore the concepts of probability and data analysis to predict the results of NFL sporting events. Students will collect, organize, and interpret football data weekly, and will present their findings to peers. Thus, the course provides valuable practice in communication skills, in addition to math skills.
Grammar Boot Camp	This elective focuses on the explicit instruction and review of grammar concepts, including DGP and sentence diagramming. It provides valuable practice of grammar skills, and gives students the opportunity to apply these concepts effectively.
Guitar	In this elective, students will develop an understanding of the foundational aspects of making music with the guitar. Students will explore the concepts of chords, melodies, harmony, and rhythm as they learn to play the guitar.
Intermediate Band	This elective focuses on the development of musical skills through explicit instruction and practice in the art of playing specific musical instruments. Intermediate band will meet in the historic church, at <b>7:30 AM</b> , on its assigned day.
Intro to Space Planning and Design	In this elective, students will develop strategies for planning and designing space for maximum efficiency, as well as aesthetic enhancement. This is a very important skill, as organization of space fosters an environment conducive to learning.

Introduction to Spanish	Introduction to Spanish focuses on a foundational understanding of the Spanish language. The course entails practice in conversational Spanish, as well as exploration of clear vocabulary and written expression.
Maker Space	In this elective, students will sharpen language, mathematical, science, and critical thinking skills through various-problem solving activities. Activities entail the utilization of various skills, including engineering, wood-working, writing, painting, and construction.
Math Club	In this elective, students will further develop proficiency in math skills through various games and activities.
Meditation, Prayer, and other Spiritual Exercises	This elective focuses on methods for cultivating our faith and relationship with Christ through reverence and quiet contemplation.
Mythology and Folklore	This elective explores the origins and aspects of mythology and folklore. Through their study of these topics, students will develop conceptual and analytical skills, as they make connections between myths, folklore, and modern society.
Praise Team	In this elective, students will develop and sharpen musical skills through the study and performance of liturgical songs. Students on the Praise Team will have the opportunity to share their love of music and Christ by performing during Mass, as well as assemblies.
Scrabble and Vocabulary- building Games	In this elective, students hone vocabulary skills through skill-building and word-enhancing games and activities.
Scripture Study on the Book of Revelation	In the scripture study of the Book of Revelation, students will explore the text, to discover significances of our faith. Through the study, students will develop a deeper understanding of Christ's love for us.
Sixth Grade Study Skills	In this elective, students explore and practice utilizing various study skills to increase success in the classroom. Topics include organization, study methods, time-management, and scheduling. The program provides valuable skills to Sixth Grade students. It is mandatory for all Sixth Grade students as well.
Space Planning and Design	This is a continuation of the introductory elective, in which students began the study and application of planning and designing space for efficiency. In this elective, students will further their understanding of these concepts through activities in which they design and create efficient spaces in their homes and classroom environments.
Spanish for Speakers	This elective delves more deeply into the roots and conventions of the Spanish language. Students will study the more complex facets of the language, and will use learned information to communicate in Spanish more effectively.
SSAT Prep	This elective focuses on developing skills for increasing success and performance in the SSAT exam. Students will learn and practice various study skills in order to increase their success.
STEM Activities	This elective focuses on the infusion of science, technology, engineering, and mathematics in exploring ideas and projects with real-world applications. Components of STEM include various topics, including robotics and biological exploration.
Strength and Conditioning	Strength and conditioning is a goal-oriented elective with a focus on athletic development. The class incorporates speed, endurance, applicable strength, range of motion, and flexibility in enhancing students' athletic abilities. All fitness levels are welcome.
Team Sports	Team sports is a focus on organized, recreational sports and games. Students will participate in fast-paced, competitive games in teams or groups. Through play, the students will develop an understanding of rules and procedures, respect for others, strategic actions, sportsmanship, athletic performance, and friendly competition.
Technology	This elective focuses on the development of proficiency and understanding of technological devices, program, and media. Students will learn various techniques for utilizing technology to enhance their studies, thus increasing their success in the classroom.
Walk/ jog	This elective focuses on the development of cardiovascular health and aerobic strength. Students will explore proper running technique, and will achieve running

	goals through consistent work-outs, and will culminate in their participation in a local 5K. Students will utilize iPads to document and monitor their progress.
Writer's Club	During Writers' Club, students will have the opportunity to express themselves through the written language. The club will explore various forms of writing, including poetry, expository, and narrative text. They will also have the opportunity to share their pieces in a meaningful way.
Yoga and Pilates	Yoga and Pilates is a focus on strength, stability, concentration, power, and flexibility. The elements are taught in a rhythmic breathing sequence, ideal for all athletic levels. Students must bring a yoga mat in order to participate.